

| | | |
|---|---|--|
| 1 | Start at Tresmeer Village Hall and walk down through the village past the Church | |
| 2 | Continue past the church but pause to look at the Grade II* listed church of St Nicholas. Continue through the village and go through a gate | The Church of St Nicholas is grade II* listed and is built of stone in Early English style, consisting of a chancel, nave, south porch, and a western tower with pinnacles containing three bells. The church has 70 sittings and the register of baptisms dates from the year 1625, marriages, 1574: burials 1675. The Rev John Wesley having preached here in 1745, 1748, 1750 and 1751. Look for the wayside cross in the churchyard which is also listed with English Heritage. There are 2 Grade II listed houses in Churchtown, 19 th century Tresmeer Farmhouse which backs onto the Churchyard and the 17 th century The Cottage and nearby old carpenter's workshop. |
| 3 | When the hedge on the left finishes, drop down the edge of the field to a bridge over the river Kensey. | A local farmer restored this excellent bridge just a few years ago. |
| 4 | Cross the bridge and continue up the field to the boundary at the top and you will find a small enclosed path that leads out to the bus stop at Badgall | In these meadows you will find buttercups. From the top there are wonderful views of Tresmeer village and St Nicholas and Well Cottage , late 18 th century built of stone rubble and cob (as are most of the older houses). On Tregeare Down above the village are 2 Bronze Age barrows and long parallel narrow fields probably the remains of medieval strip farming. |
| 5 | Turn right and walk past the cottages for about 175 metres | Badgall at the top of the field is first mentioned in 1200 and has been occupied for 800 years. Fennel House , the granary and pigsty were built between 1800 and 1850, all are listed Grade II. |
| 6 | Go through the gate on the right into a field. Drop down through the field heading for some mature oak trees, climb a stile, bearing left to join the road. | Treglum Bridge a mid 19 th century bridge is listed and described as slate stone rubble with granite dressings. |
| 7 | Go through the gate and turn right down the road to the bridge over the river Kensey. | Treglum Mill Cottage was a Mill house and corn mill built around 1750 and listed with English Heritage |
| 8 | At the bridge turn right through a gate and follow the track | In early summer the meadow on the right can be full of wild flowers. Look for ragged robin; a small red/pink flower that grows in the damp ground. |
| 9 | Continue up the track to return to your starting point | |

Buildings and monuments listed as of national historical or architectural interest and importance: **Grade II*** orange, **Grade II** blue

Down by The Riverside Nature & Heritage Trail

